

# Environmental impacts of consumption patterns in Switzerland and reduction potentials

Niels Jungbluth

Rene Itten, Matthias Stucki

ESU-services Ltd, Uster

[www.esu-services.ch](http://www.esu-services.ch)



49th LCA Discussion Symposium  
Zurich, 18. September 2012

# Key questions

- What are the total environmental impacts of consumption and how can they be allocated to consumption areas?
- What are the most important aspects within consumption areas?
- Which options exist for the reduction of environmental impacts due to consumption?
- Difficulties and rebound effects for implementation are not considered

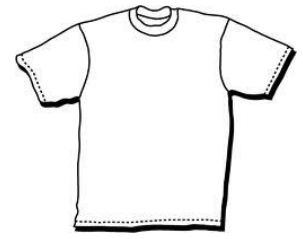
# Background

- Different projects finances by
  - WWF Switzerland
  - Energieforschung Zurich - ewz-electricity supply Zurich
  - Swiss Federal Office for the Environment, FOEN
- Here we present our personal summary

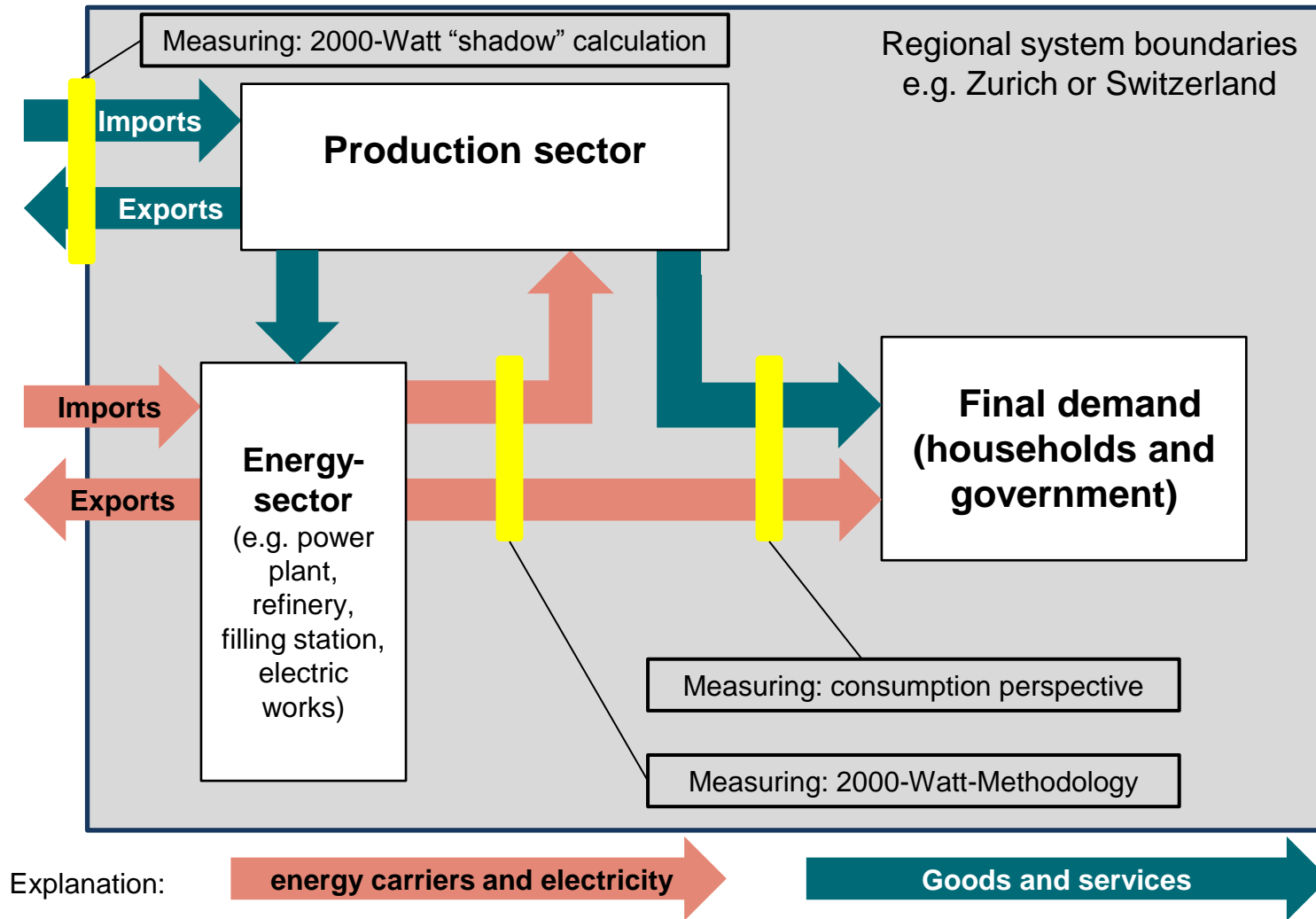
# Environmental impacts of lifestyles

Public

Private



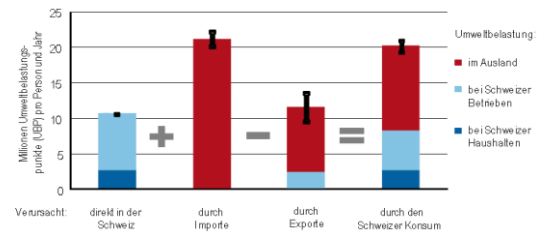
# Consumption perspective and 2000-Watt



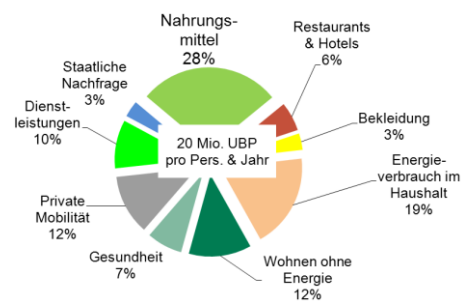
- Consumption perspective measures all impacts of final consumption
- 2000-Watt measures the impacts of energy uses in a regional perspective

# Main stages for the calculation

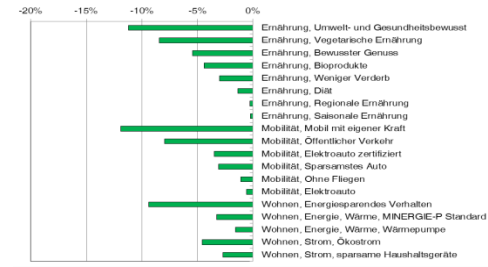
## 1. Total impacts CH



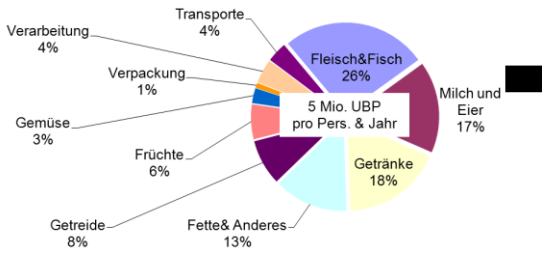
## 2. Share of consumption areas



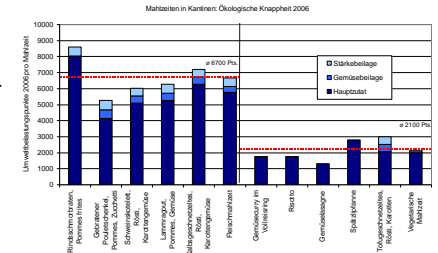
## 5. Total potentials



## 3. Further analysis

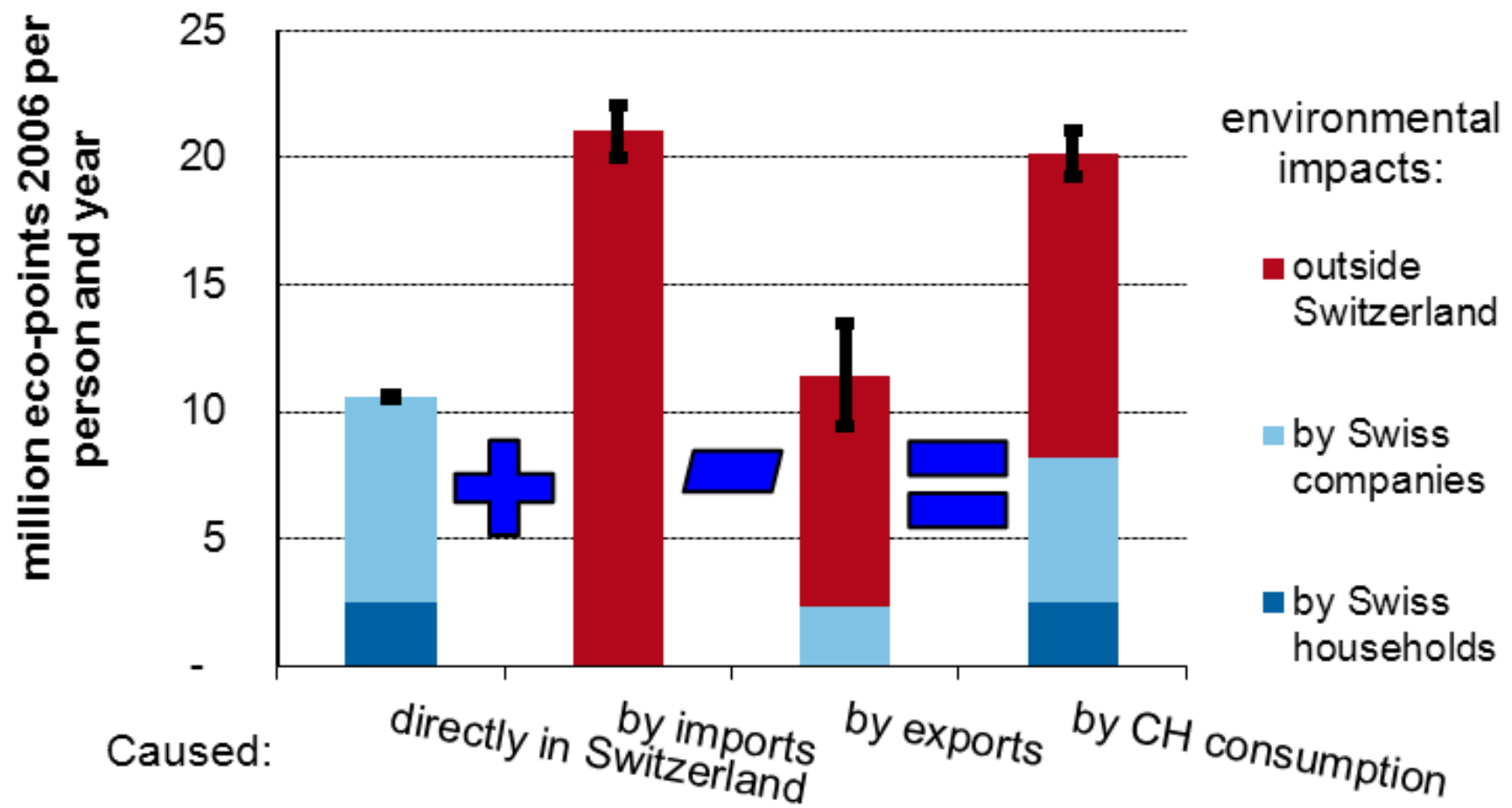


## 4. Reduction potentials



# **TOTAL IMPACTS IN SWITZERLAND MEAN FIGURES OF SWISS EE-IOA AND SIMPLIFIED “LCA&TRADE” APPROACH**

# Total balance of Swiss impacts



➤ Imports cause 60% of environmental impacts due to Swiss consumption



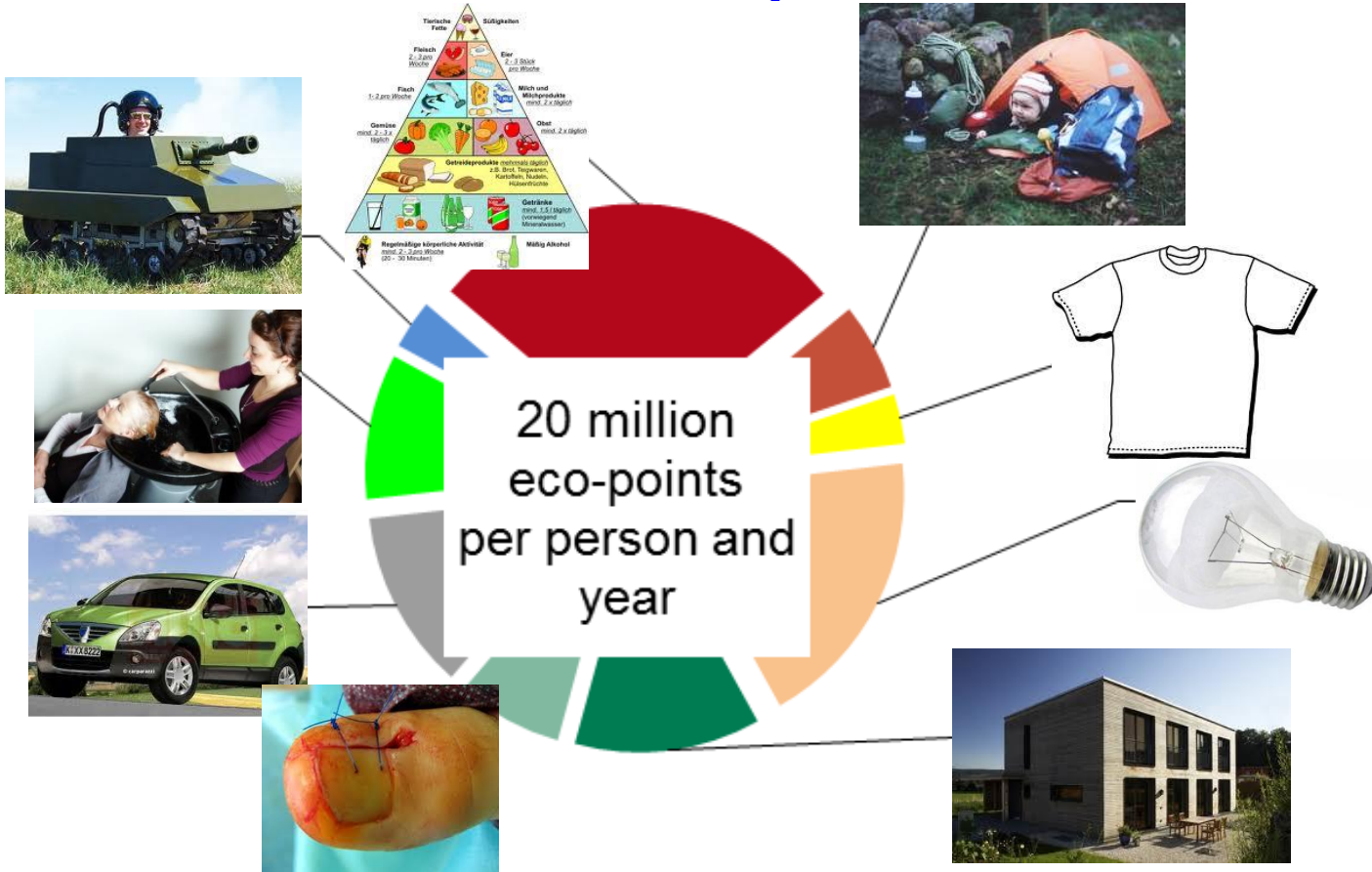
# Key figures per capita and year for Switzerland

|                            | Consumption perspective | 2000-Watt current situation |
|----------------------------|-------------------------|-----------------------------|
| Tonnes CO <sub>2</sub> -eq | 12.8                    | 8.6                         |
| Watt                       | 8'250                   | 6'300                       |
| eco-points                 | 20 Million              | ~ 8.5 Million               |

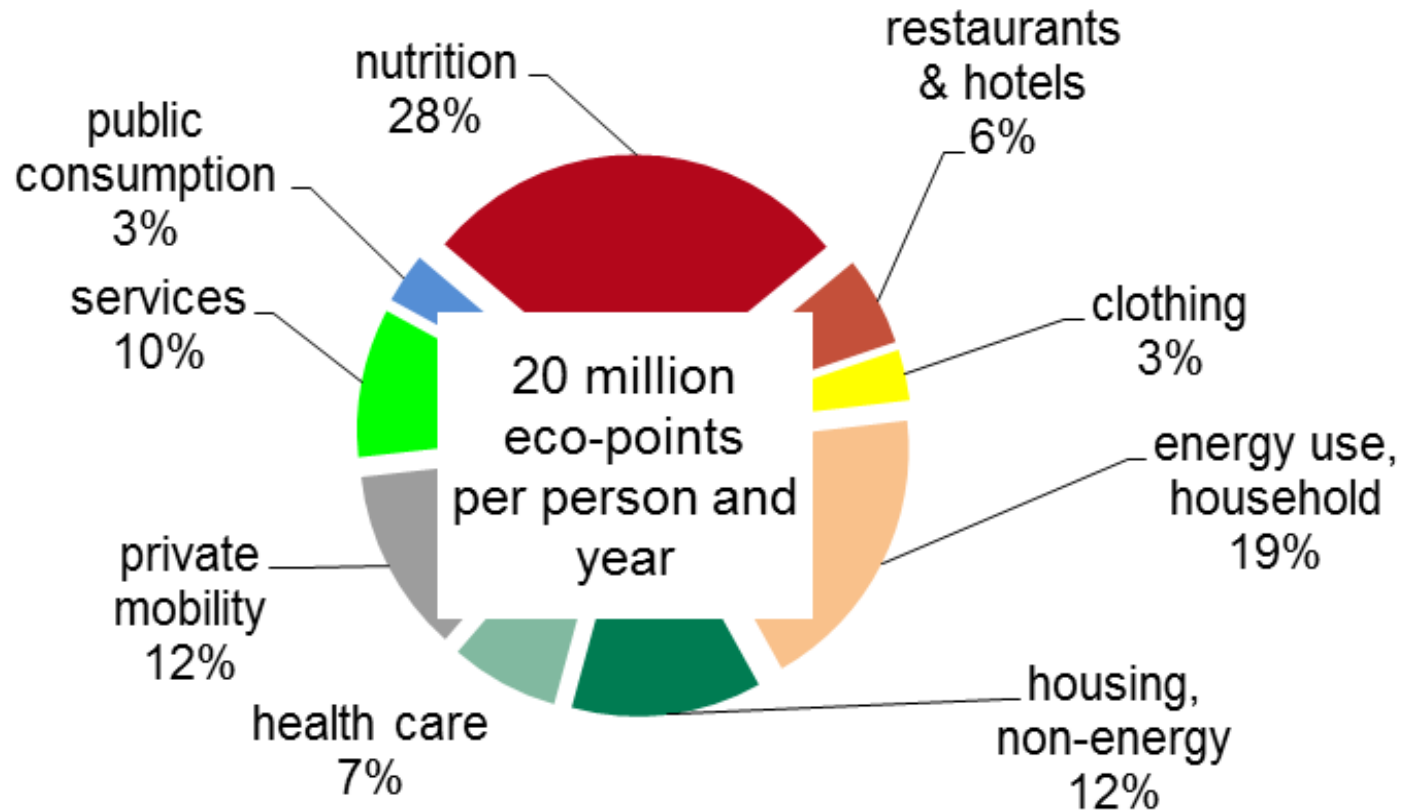
➤ Considerable differences because of different system boundaries

# SHARE OF CONSUMPTION AREAS CALCULATION WITH SWISS EE-IOA

# Share of consumption areas

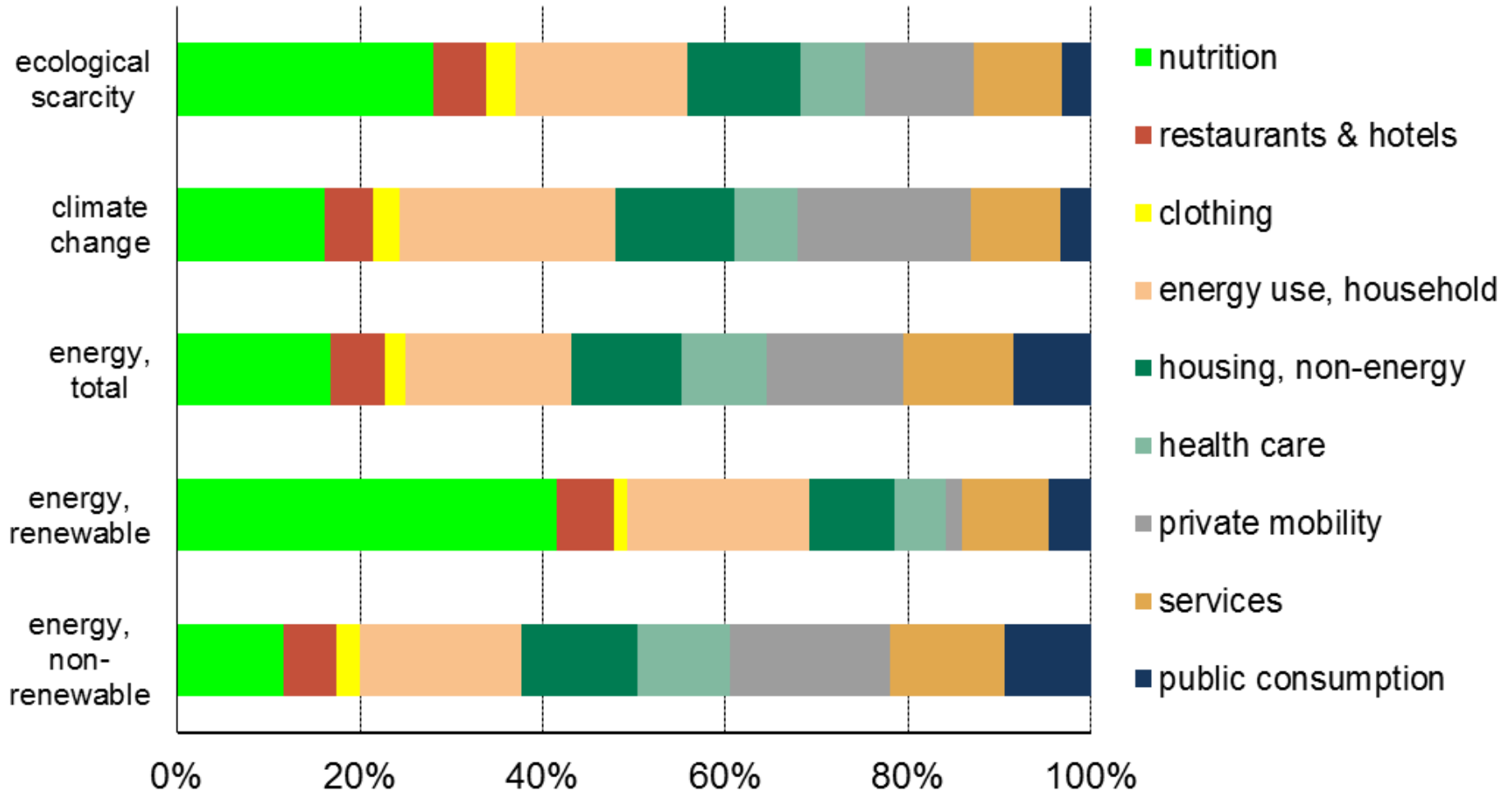


# Share of consumption areas



- Nutrition is the most important consumption area
- 60% of environmental impacts in nutrition, energy use and mobility

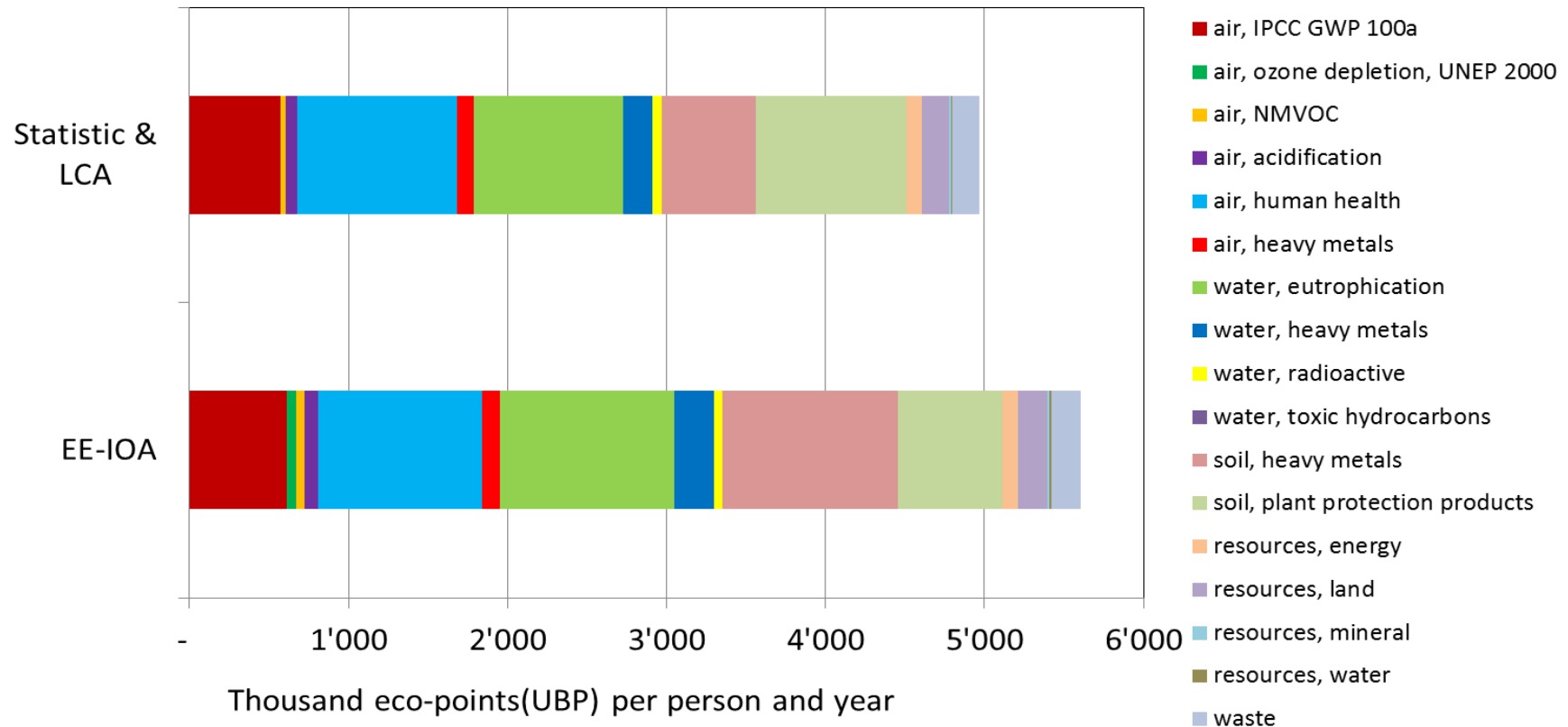
# Different indicators and share of final consumption areas



➤ Energy and GHG indicators underestimate the contribution of nutrition

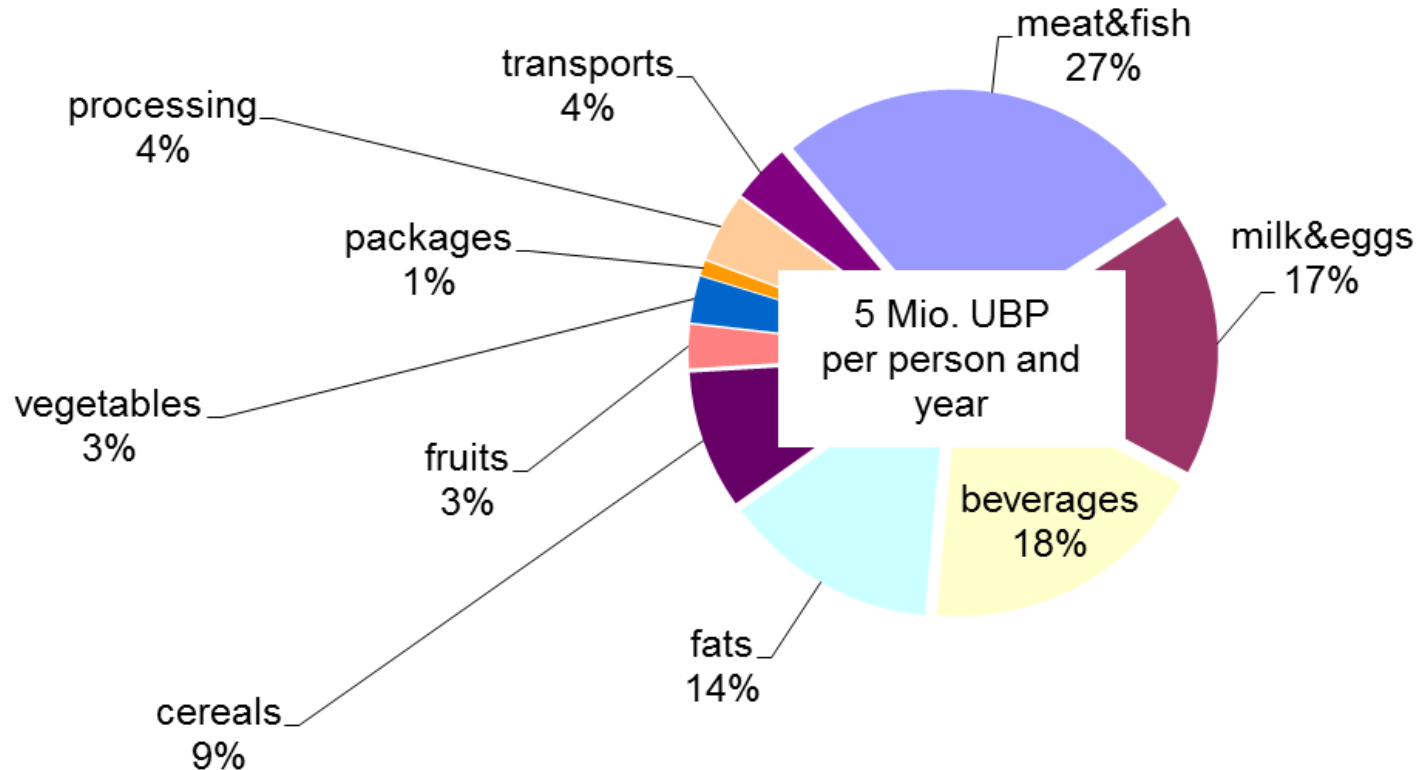
# **FURTHER ANALYSIS OF CONSUMPTION AREAS TOP-DOWN AND BOTTOM-UP ASSESSMENT WITH LCA AND COMPARISON WITH EE-IOA**

# Environmental impacts of food purchases



- Top-Down and bottom-up come to comparable results
- Further analysis of consumption areas based on LCA and statistics

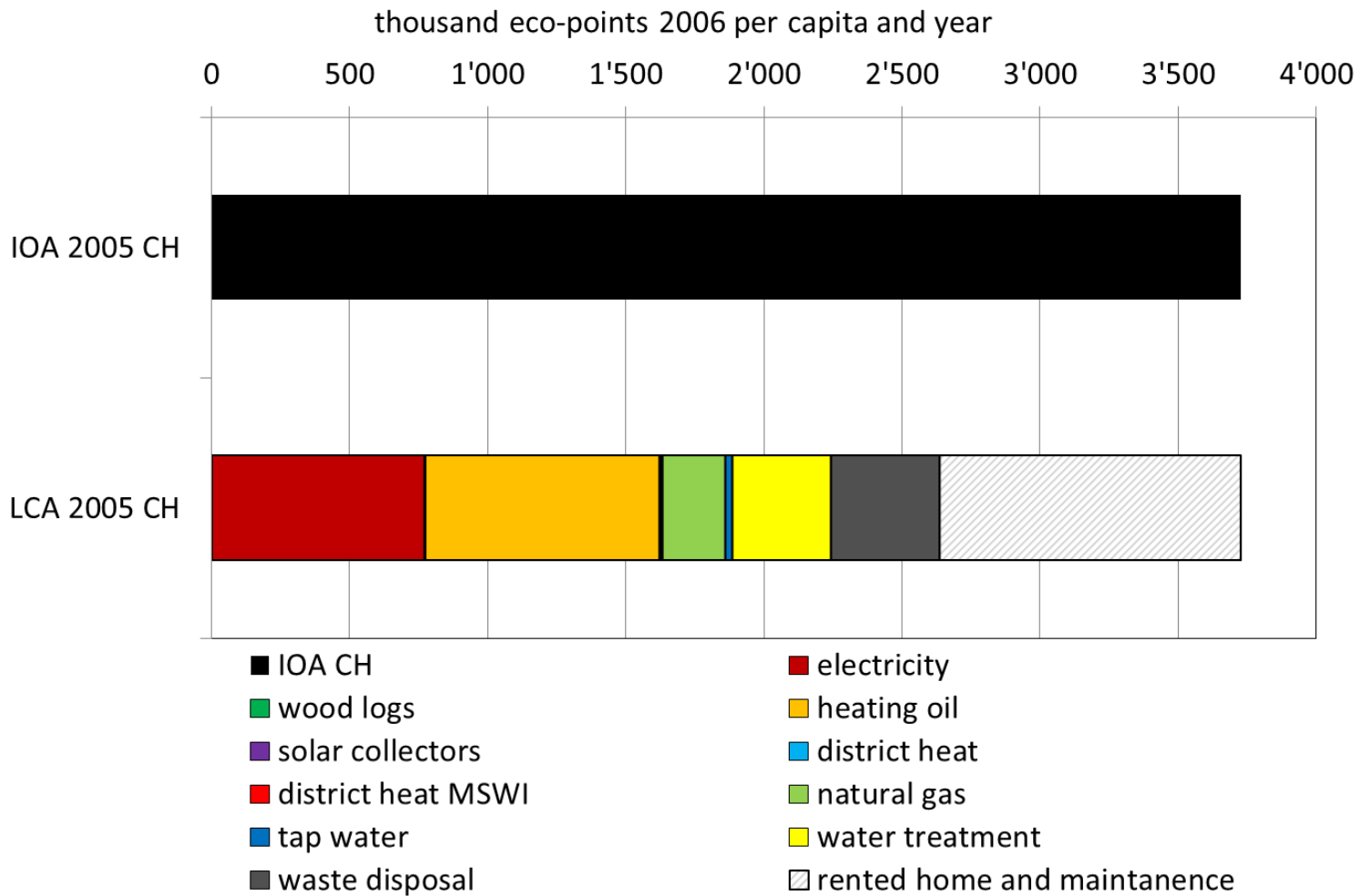
# Product groups within nutrition



- Meat and animal products cause 44% of total impacts
- Wine, coffee and beer are important for beverages

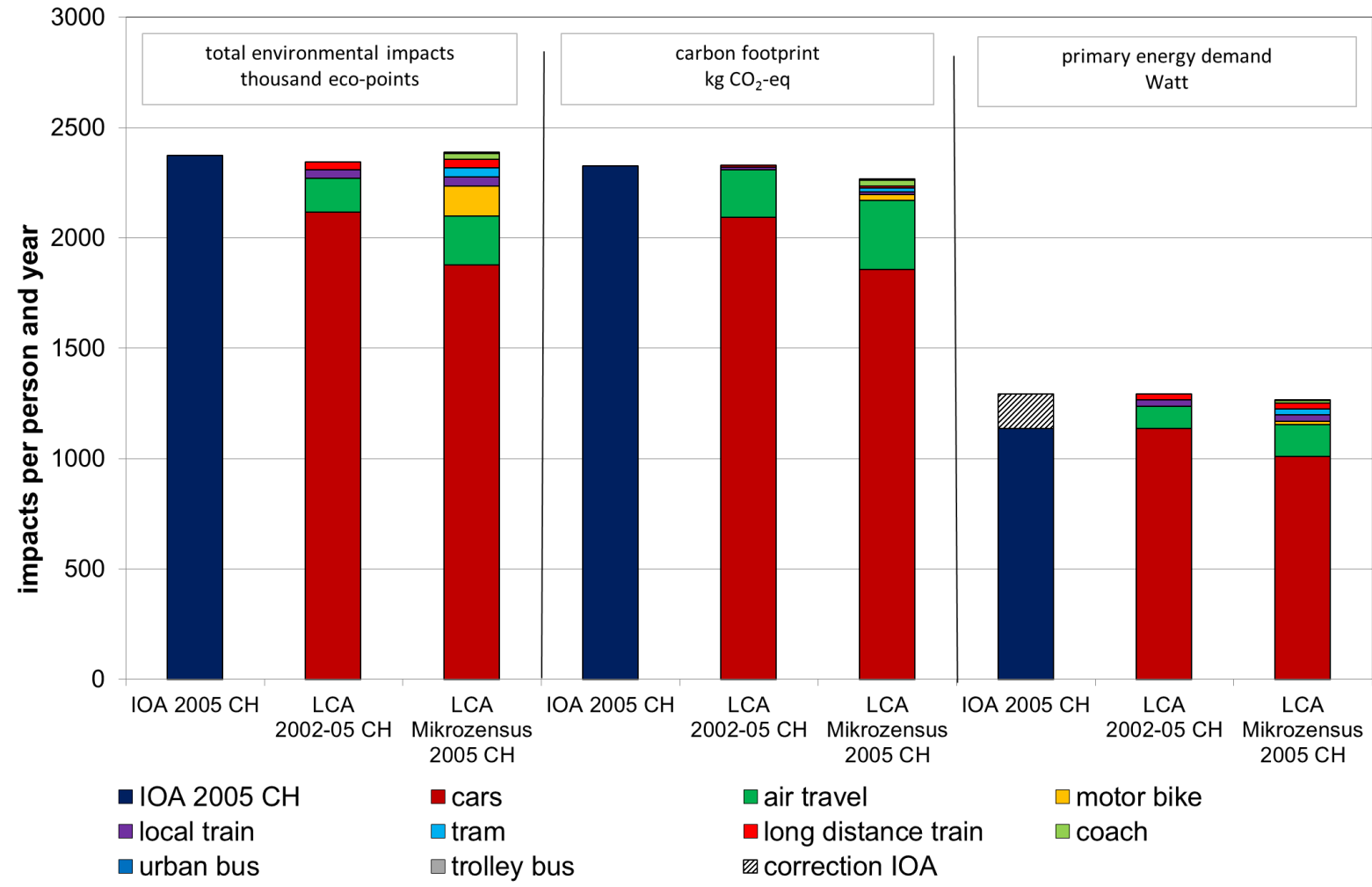


# Analysis of household energy use



➤ Electricity and heating oil are most important energy carriers

# Analysis of mobility



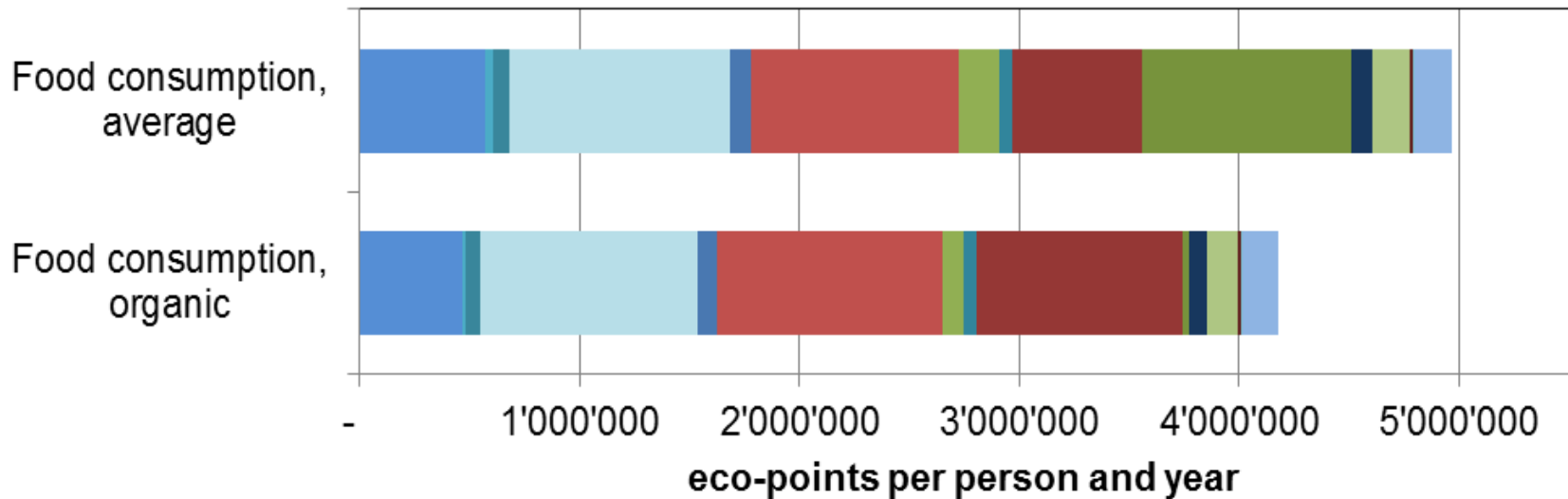
➤ Car driving is the most important issue

# **REDUCTION POTENTIALS**

## **ANALYSIS OF SINGLE CHANGES IN LIFESTYLES**

### **EXAMPLE FOR BUYING ORGANIC FOOD PRODUCTS**

# Organic products



- air, IPCC GWP 100a
- air, acidification
- water, eutrophication
- water, toxic hydrocarbons
- resources, energy
- resources, water use
- air, ozone depletion, UNEP 2000
- air, human health
- water, heavy metals
- soil, heavy metals
- resources, land
- air, NMVOC
- air, heavy metals
- water, radioactive
- soil, plant protection products
- resources, mineral
- waste

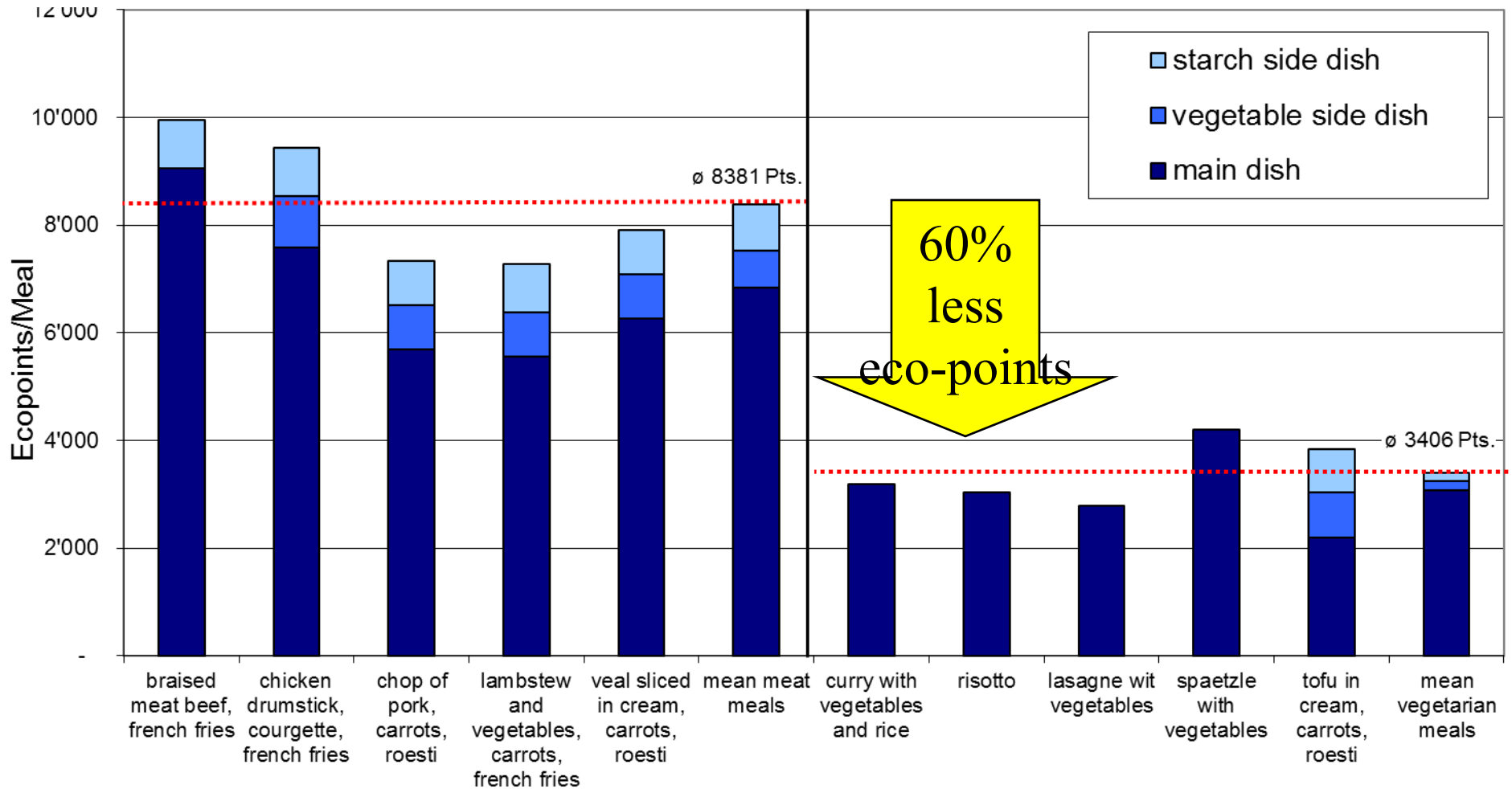
➤ Reduction potential about 16% if only organic food is bought

# Reduction potential - organic products

| Organic products            | reduction potential | total potential | Land | Source            | Estimation   |
|-----------------------------|---------------------|-----------------|------|-------------------|--|
| Consumption area            | nutrition           |                 |      |                   |  |
| Total environmental impacts | -15.9%              | -4.5%           | CH   | Own calculation   | Organic production, no heated greenhouses and no air transported goods   |
| Primary energy demand       | -6.2%               | -1.0%           | CH   | Own calculation   | Organic production, no heated greenhouses and no air transported goods   |
|                             | -33.0%              |                 | AT   | Fazeni 2011       | 100% organic production in AT  |
|                             | -4.0%               |                 | CH   | Faist 2000        | Additional impacts of transports are estimated with 1%, but not included |
|                             | -1.7%               |                 | CH   | Jungbluth 2003    | 100% organic, extra transports   |
|                             | -20% - 56%          |                 | CH   | Mäder et al. 2002 |  |
| Carbon footprint            | -18.2%              | -2.9%           | CH   | Own calculation   | Organic production, no heated greenhouses and no air transported goods   |
|                             | -33.0%              |                 | AT   | Fazeni 2011       | 100% organic production in AT  |
|                             | -10% bis -30%       |                 | DE   | Grießhammer 2010  | Organic vegetables   |
|                             | -6.0%               |                 | CH   | Jungbluth 2003    | 100% organic, extra transports   |

- Own calculations and literature research for the estimation
- 15.9% less environmental impacts (reduction potential)
- Total potential = Reduction potential \* Share of consumption area
- 4.5% total potential for reductions

# Vegetarian diet



➤ Vegetarian diet reduces the environmental impacts considerable

# Reduction potential - Vegetarian diet

| Bioprodukte                | Reduktionspotenzial | Gesamtpotenzial | Region    | Quelle                   | Annahmen  |
|----------------------------|---------------------|-----------------|-----------|--------------------------|---|
| <b>Konsumbereich</b>       | <b>Ernährung</b>    |                 |           |                          |   |
| Umweltbelastung, CH        | -15.9%              | -4.5%           | CH        | Eigene Berechnung        | Bioproduktion, kein Gewächshaus und Flugware, zusätzliche Transporte                              |
| Primärenergieverbrauch, CH | -6.2%               | -1.0%           | CH        | Eigene Berechnung        | Bioproduktion, kein Gewächshaus und Flugware, zusätzliche Transporte                              |
|                            | -33.0%              |                 | AT        | Fazeni 2011              | 100% Bioproduktion in AT  |
|                            | -4.0%               |                 | CH        | Faist 2000               | Zusätzliche Transporte zum Import nicht berechnet. Diese dürften etwa 1% ausmachen                |
|                            | -1.7%               |                 | CH        | Jungbluth 2003           | 100% Bioproduktion, zusätzliche Transporte  |
|                            | -20% - 56%          |                 | CH        | Mäder et al. 2002        | Nur landwirtschaftlicher Anbau in Fruchtfolge weniger Produkte ohne Verarbeitung, Transport, etc. |
| <b>CO2-eq, CH</b>          | <b>-18.2%</b>       | <b>-2.9%</b>    | <b>CH</b> | <b>Eigene Berechnung</b> | <b>Bioproduktion, kein Gewächshaus und Flugware, zusätzliche Transporte</b>                       |
|                            | -33.0%              |                 | AT        | Fazeni 2011              | 100% Bioproduktion in AT  |
|                            | -10% bis -30%       |                 | DE        | Grießhammer 2010         | Biogemüse statt konventionel  |
|                            | -6.0%               |                 | CH        | Jungbluth 2003           | 100% Bioproduktion, zusätzliche Transporte  |
| Landnutzung                | 18.8%               |                 | CH        | Eigene Berechnung        | Fast ausschliesslich Bioproduktion  |
|                            | 14.3%               |                 | CH        | Jungbluth 2003           | 100% Bioproduktion, zusätzliche Transporte  |
|                            | 30.0%               |                 | CH        | Faist 2000               | 100% Bioanbau   |
|                            | 20.0%               |                 | CH        | Mäder et al. 2002        | Bioanbau statt IP   |
|                            | 32.0%               |                 | DE        | Seemüller 2000           | 100% Bioanbau   |

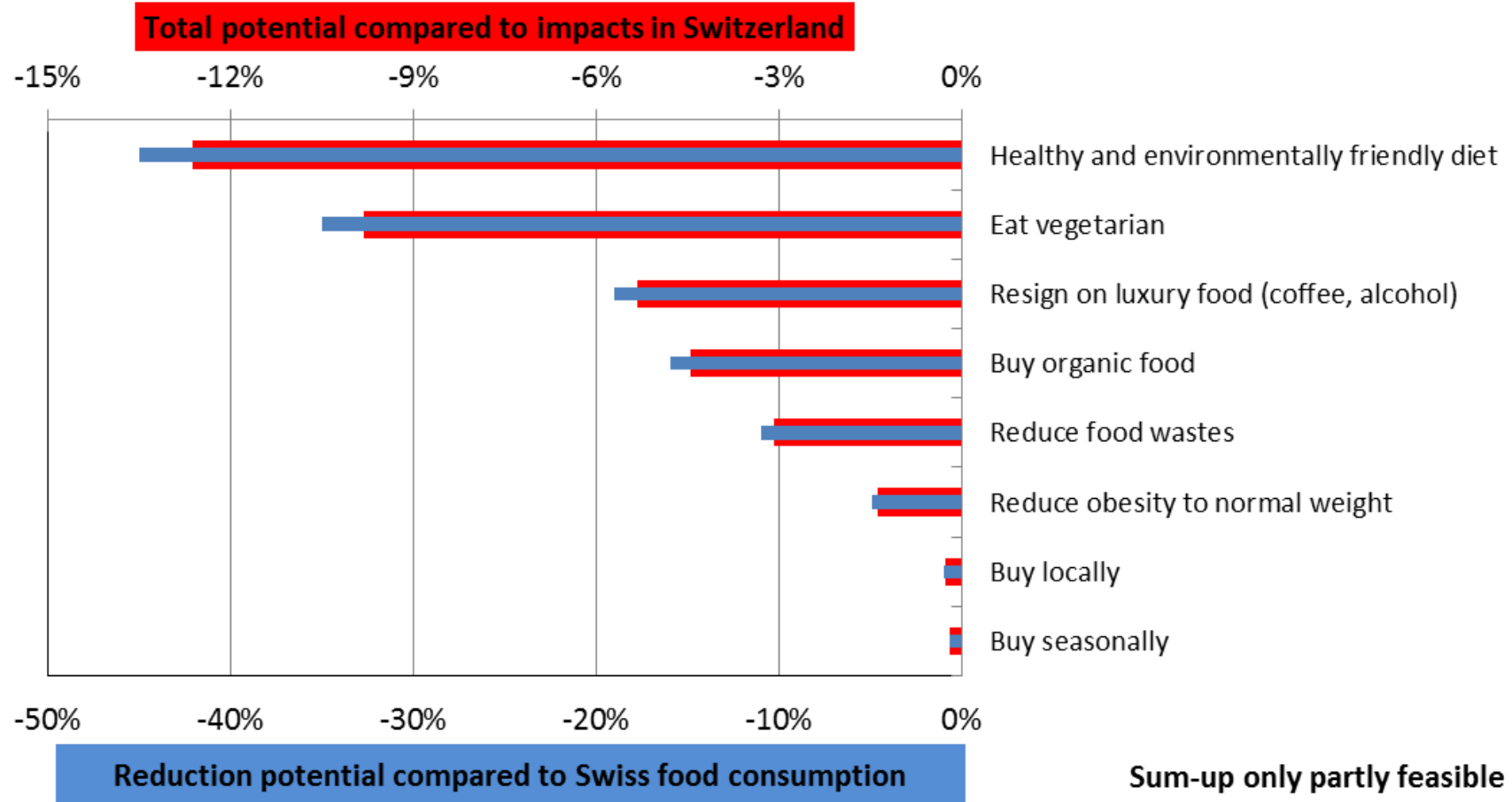
- Estimation 30% less environmental impacts on food consumption
- Total potential = Reduction potential \* Share of consumption area

# TOTAL POTENTIALS

## ANALYSIS FOR THE PRESENT SITUATION IN SWITZERLAND

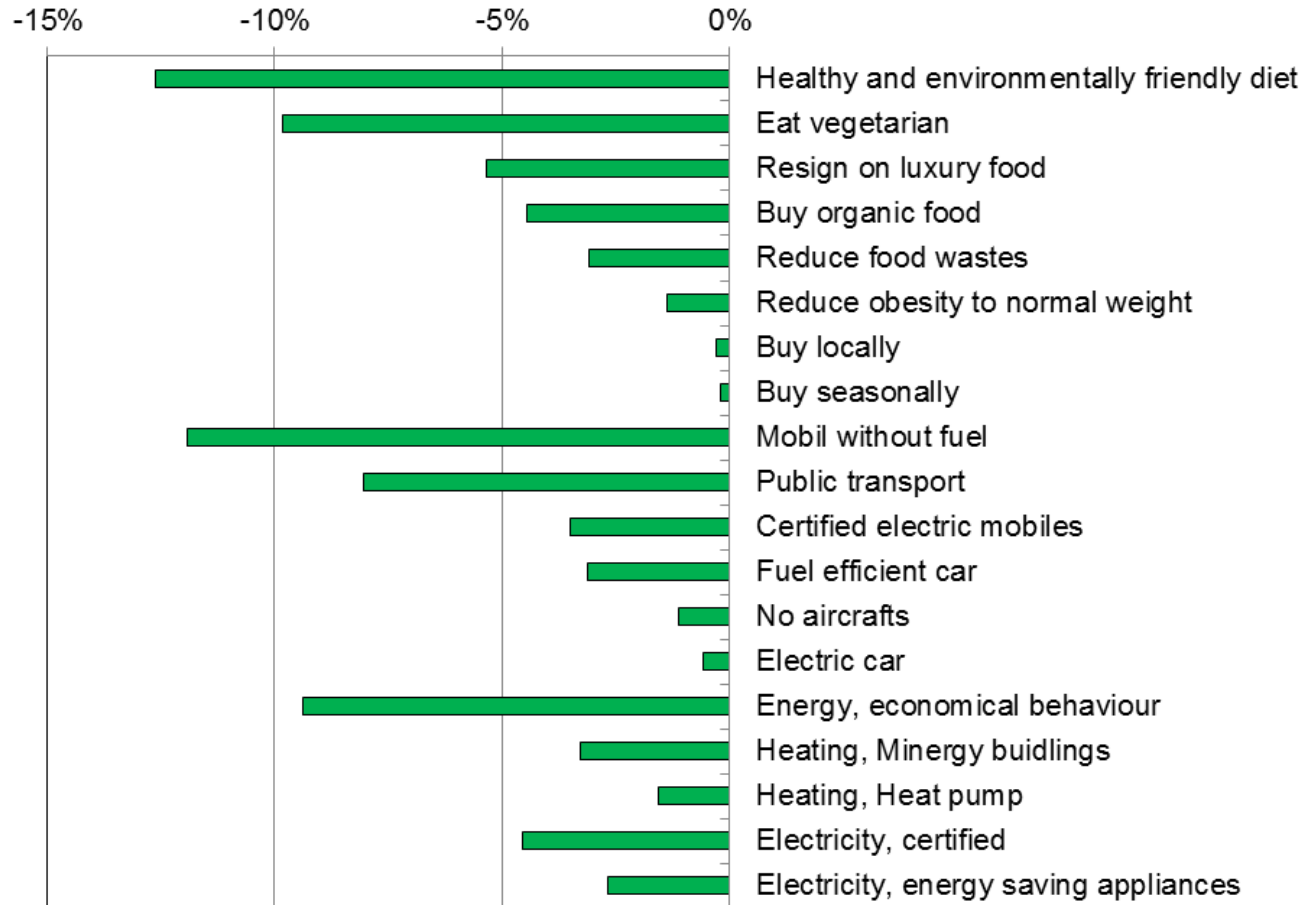


# Total potential for reduction of impacts



- Most relevant is a reduction of animal products
- Buying local/seasonal low potential because only vegetables and fruits affected

# Summary of total potentials



- Vegetarian diet and substantial reduction of mobility demands have highest potentials
- Sum-up only partly possible

# Reduction targets for environmental impacts

- Political targets according to ecological scarcity method  
2006: - 38% for domestic situation or - 63% without exporting environmental impacts
- Reaching world average with ecological scarcity: -47%
- Ecological footprint concept: - 64%
- 2000-Watt: -68% on energy and - 88% on CO<sub>2</sub>-eq

➤ At least -40% reduction of environmental impacts necessary

## Sum of total reduction

| Indicator                               | Total environmental impacts | Carbon footprint | Primary energy demand |
|---|-----------------------------|------------------|-----------------------|
| Total (per capita and year)             | 20'000'000                  | 12.8             | 8'250                 |
| Nutrition                               | 28%                         | 16%              | 17%                   |
| Total potential nutrition               | <b>-22%</b>                 | -12%             | -11%                  |
| Private mobility                        | 12%                         | 19%              | 17%                   |
| Total potential mobility                | <b>-12%</b>                 | <b>-19%</b>      | <b>-17%</b>           |
| Energy use households                   | 19%                         | 24%              | 25%                   |
| Total potentials energy use             | <b>-15%</b>                 | <b>-23%</b>      | <b>-23%</b>           |
| Share of 3 areas of consumption         | 59%                         | 59%              | 59%                   |
| Total potential, 3 areas of consumption | <b>-49%</b>                 | <b>-54%</b>      | <b>-51%</b>           |
| Total, reduced (per capita and year)    | 10'223'846                  | 6                | 4'047                 |

- In theory it seems possible to achieve ambitious reduction targets
- In practice this encounters substantial changes of personal life styles

## Summary

- Our methodology allows to investigate and compare the impacts of behavioural changes in all areas of consumption
- Most important are the areas of nutrition, mobility and energy use in households
- Combination of EE-IOA for broad overview and LCA for detailed analysis
- The highest potentials exist for a vegetarian diet, reduction of mobility and energy savings in households

Thanks for financial contributions:  
WWF Switzerland  
Energieforschung Zurich – ewz-  
electricity supply Zurich  
Swiss Federal Office for the  
Environment, FOEN

Further information about the projects  
[www.esu-services.ch/projects/lifestyle/](http://www.esu-services.ch/projects/lifestyle/)

WWF Footprint calculator to be updated with  
the data  
[www.footprint.ch](http://www.footprint.ch)

Download of the background study and  
electronic data  
[www.esu-services.ch/projects/iaa/](http://www.esu-services.ch/projects/iaa/)

ESU data-on-demand for imported goods  
[www.esu-services.ch/de/daten/datenverkauf/](http://www.esu-services.ch/de/daten/datenverkauf/)

Discussion forum LCA on life styles  
[www.esu-services.ch/news/df/#c833](http://www.esu-services.ch/news/df/#c833)



Here I can enjoy the local  
asparagus,  
But it took me 950 litres of oil to  
travel 18'777 km to Peru!

- The relevance of single decisions  
has to be taken into account